

## **Out of Town Monitoring**

The staff at The Center for Reproductive Health understands that distance can make it difficult to come to Spokane for the monitoring appointments during the IVF process. Ultrasounds and blood work are a very important part of the treatment as this is the only way Dr. Robins can make informed decisions about your treatment. For your convenience, we allow the first 3 sets of labs and the first 2 ultrasounds to be performed in a facility closer to where you live. **Your Nurse Coordinator will give you the orders. It is up to you to find a lab and an imaging center that can accommodate the specific dates that we have scheduled for you.** These dates must not be moved. It is likely that one or more of these appointments may fall on a weekend. If you cannot find a place that is able to see you on a weekend, you will need to come to Spokane for the appointment.

1. The lab and imaging center will need the orders provided to you by your nurse coordinator. Be sure to make copies for yourself so that you always have a back-up copy of the orders.
2. **Call ahead to schedule these appointments and make sure that they can provide SAME DAY “STAT” (urgent) RESULTS. Be specific when you ask: we need PROGESTERONE, LH & ESTRADIOL levels faxed to us the same day as they are drawn. THIS IS VERY IMPORTANT! The same is required for ultrasounds. They must be able to fax us a result the same day as the appointment.**
3. Schedule these appointments as early in the day as possible. The earlier you have them done, the earlier we get the results and the faster Dr. Robins can review your progress and make any necessary changes to your treatment protocol. Have the phone numbers of these facilities on hand in case we need to track down your results. It’s very helpful if you follow up and remind them to fax us the results, the orders are “STAT”, call back to see if they have sent them, make sure they have our contact info.

If you are having trouble locating a lab or ultrasound facility in your area, call your Nurse Coordinator. Most hospitals have facilities for both types of appointments. Keep in mind that these services will likely cost more than what we would charge you in our office as part of your treatment. If you have questions regarding the costs of monitoring, please contact your Financial Coordinator.

We look forward to providing you with the best care possible. Thank you for helping make this a smooth, successful process.